

Adrenal Surgery Consultation Worksheet:

Information your doctor will ask you:

Please make sure to bring copies of your blood tests and reports of X-rays (CAT scan, MRI, MIBG scan ultrasound, etc.) as well as copies of the pictures of the X-rays.

How old are you? _____

How was your adrenal problem diagnosed? _____

How long ago was your adrenal problem diagnosed? _____

Do you have a family history of adrenal disease? Yes No

If so, what disease and which family member had it? _____

Do you have any of the following symptoms: Yes No

- | | |
|--|---|
| <input type="radio"/> palpitations (fluttering heart beat) | <input type="radio"/> arrhythmia (irregular heart rate) |
| <input type="radio"/> headaches | <input type="radio"/> sweating |
| <input type="radio"/> flushing | <input type="radio"/> high blood pressure |
| <input type="radio"/> spikes of high blood pressure | <input type="radio"/> stroke |
| <input type="radio"/> heart attack | <input type="radio"/> enlarged heart |
| <input type="radio"/> low potassium levels | <input type="radio"/> muscle weakness |
| <input type="radio"/> muscle aches | <input type="radio"/> fatigue |
| <input type="radio"/> high sodium levels | <input type="radio"/> urinating more frequently |
| <input type="radio"/> waking up in the middle of the night to urinate | <input type="radio"/> Diabetes (high blood sugar) |
| <input type="radio"/> purple stripes on the abdomen or arms/legs | <input type="radio"/> swollen face |
| <input type="radio"/> weight gain in abdomen with skinny arms and legs | <input type="radio"/> weight gain |
| <input type="radio"/> weight loss | <input type="radio"/> easy bruising |
| <input type="radio"/> thin skin | <input type="radio"/> increased body hair |
| <input type="radio"/> depression | <input type="radio"/> abdominal pain |
| <input type="radio"/> tumor that is growing quickly | <input type="radio"/> fever |
| <input type="radio"/> chills | <input type="radio"/> night sweats |
| <input type="radio"/> irregular periods | <input type="radio"/> no periods |
| <input type="radio"/> difficulty getting pregnant | <input type="radio"/> acne |
| <input type="radio"/> male-pattern baldness | <input type="radio"/> impotence |
| <input type="radio"/> loss of libido | <input type="radio"/> testicular atrophy |

Questions you should ask your surgeon:

1) How many adrenal operations do you do each year? _____

2) Can we do this laparoscopically? _____

3) How often do you need to convert from laparoscopic to an open operation?

4) What is your cure rate? _____

5) How long do I need to be out of work? _____

6) How long will I be in the hospital? _____

7) How often do your patients have the following problems after the operation?

a. Bleeding: _____

b. Infections: _____

c. Injury to surrounding organs: _____

8) What is the follow-up? _____

9) Other questions: _____
