Parathyroid Surgery Consultation Worksheet:

Information your doctor will ask you:
NB: Please make sure to bring copies of your blood tests, latest bone density scan (DEXA scan), and reports of localization tests (sestamibi scan, ultrasound, etc.) In addition please make sure to bring a copy of the pictures of the localization tests as well.

How old are you? _____

How was your parathyroid problem diagnosed?
- routine blood tests
- work-up of kidney stones
- decreased bone density (osteoporosis or osteopenia)
- family history of high calcium levels
- Other _____

How long ago was your parathyroid problem diagnosed? _____

Have you had kidney stones? Yes No
If yes, how many times? _____

Have you broken any bones? Yes No
If so, which one(s)? _____
_____
_____

Do you have any of the following symptoms: Yes No

Musculoskeletal:
muscle aches weakness joint pain bone pain

Neuropsychiatric:
fatigue depression irritability confusion
worsening short term memory anxiety lack of motivation
trouble concentrating

Kidney:
urinating more frequently urinating more frequently at night
kidney stones

Gastrointestinal:
ulcers reflux disease (heartburn) pancreatitis
constipation gallstones loss of appetite

Constitutional:
weight loss fever night sweats

Other:
coronary artery disease high blood pressure
itching gout

Risk Factors:

Do you have a family history of high calcium levels? ☐ Yes ☐ No

If so, who has had high calcium levels? _____

_____

_____

Do you have a family history of thyroid problems? ☐ Yes ☐ No

If so, who and which problem did they have?

_____

_____

Do you have kidney failure? ☐ Yes ☐ No

Are you on dialysis? ☐ Yes ☐ No

Have you had a kidney transplant? ☐ Yes ☐ No

Have you ever had radiation therapy? ☐ Yes ☐ No

If yes, what type:

☐ childhood exposure

☐ exposure to nuclear fallout from _____

☐ breast cancer ☐ lung cancer ☐ melanoma

☐ Other _____

Questions you should ask your surgeon:

1) How many parathyroid operations do you do each year? _____
2) Will you look at all 4 parathyroid glands (bilateral neck exploration) or just remove the problem gland (i.e. focused parathyroidectomy)?

   _____
3) What is your cure rate? _____
4) Will you check my PTH levels in the OR (intraoperative PTH monitoring)?

   ☐ Yes ☐ No ☐ Other _____
5) Do you have the ability to do cryopreservation (save some parathyroid tissue in case it is needed later on)?

   ☐ Yes ☐ No
6) How long do I need to be out of work? _____
7) How long will I be in the hospital? _____
8) How often do your patients have the following problems after the operation?
   a. Bleeding in the neck: _____
   b. Temporary hoarseness (recurrent laryneal nerve injury):

      _____
   c. Permanent hoarseness (recurrent laryngeal nerve injury):

      _____
   d. Temporarily low calcium levels (hypoparathyroidism):

      _____
   e. Permanently low calcium levels (hypoparathyroidism):

      _____
9) What is the follow-up? _____
10) Other questions:

_____

_____

_____